

CHRISTINA NYIRATI, PhD, RN

Professor

Department of Nursing Chair

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ACADEMIC PREPARATION

Doctor of Philosophy in Nursing	The Ohio State University Columbus, OH	June 1993
Master of Science in Nursing	Vanderbilt University Nashville, TN	December 1978
Bachelor of Science in Nursing	The College of Mount Saint Joseph, Cincinnati, OH	May 1972
Certificate	National Organization of State Offices of Rural Health Rural Health Grant Writing Institute Sterling Heights, MI	May 2013

DISSERTATION

Risks for prematurity, low birth weight, and small size for gestational age among infants of Appalachian Ohio teenagers. The Ohio State University College of Nursing. Jenny Nickel (chair), Pam Salsberry & Edna Menke.

Examination Fields: Family and Community Health Nursing, Women's Studies, Rural Sociology, Existential Phenomenology, Epidemiology. Grayce Sills (major coursework Professor), Verta Taylor, (sociology and women's studies cognate Professor) Jenny Nickel (guided studies in epidemiology).

RECENT PEER REVIEWED SCHOLARLY AND CREATIVE ACTIVITIES

Recent Publications

Peer-Reviewed Articles

- Canty, L., **Nyirati, C.**, Taylor, V. & Chinn, P. (2021). *Overdue Reckoning on Racism in Nursing*. *American Journal of Nursing*. American Journal of Nursing. In press.
- Hermer, J., Hirsch, A., Bekemeier, B., **Nyirati, C.**, Wojnar, D., Wild, L., Dotson, J., Smith, S., Griffin-Sobel, J. P., & Oneal, G. (2020). Integrating population health into nursing education: The process of gaining commitment from Washington's nursing deans and directors. *Journal of professional nursing: official journal of the American Association of Colleges of Nursing*, 36(2), 6–12. <https://doi.org/10.1016/j.profnurs.2019.08.004>
- Emami, A., Swanson, K, Bekemeier, B. Hermer, J., **Nyirati, C.** Hirsch, A., Smith, S. Dotson, J.A., Murphy, L., Shirley, J., Oneal, Gail. (2018). *The Future of Nursing Education: Ensuring Population Health Focus in Nursing Education in Washington State* Retrieved from <https://www.wcnursing.org/reports/the-future-of-nursing-education-ensuring-a-population-health-focus-in-nursing-education-in-washington-state/>
- International Family Nursing Association (IFNA). (2017). *IFNA Position Statement on Advanced Practice Competencies for Family Nursing*. Retrieved from <https://internationalfamilynursing.org/2017/05/19/advanced-practice-competencies/>
- Anderson, K.H., Dupuis, F., Krumwiede, N, Garcia-Vivar, Cristina, Chiang, Li-Chi, Bell, J.M. Moriyama, M., DeMontigny, F., Ceu-Barbieri-Figueredo, M., & **Nyirati, C.** (2015). *IFNA Position Paper on Generalist Competencies for Family Nursing Practice*. Retrieved from <http://internationalfamilynursing.org/wordpress/wp-content/uploads/2015/07/GC-Complete-PDF-document-in-color-with-photos-English-language.pdf>
- Nyirati, C.**, Habash, D.L., & Shaffer, L.E.T. (2013). Weight and body fat changes in postpartum depot-medroxyprogesterone acetate users. *Contraception*, 88(1), 169-176.
- Nyirati, C. M.**, Denham, S. A., Raffle, H., & Ware, L. (2012). Where is Family in the Family Nurse Practitioner Program? Results of a US Family Nurse Practitioner Program Survey. *Journal of Family Nursing*, 18(3), 378-408.

Research in Brief and Published Abstracts

- Sergeev, A. V., & **Nyirati, C. M.** (2012) Factors associated with inadequate prenatal care in women with pre-gestational hypertension. *American Heart Association Circulation: Cardiovascular Quality and Outcomes*. 5:A296.
- Sergeev, A. V., & **Nyirati, C. M.** (2011). Maternal Hypertension and Low Birth Weight: Do Socio-Economic and Racial/Ethnic Disparities Matter?. *Circulation* 124(21).

Presentations - Refereed/Peer Reviewed

- Nyirati, C.** & Stout-Shaffer, S. (2021). *It's time we raise Nursologists!* Virtual Nursing Theory Week online conference held via Zoom, March 17-23, 2021
- Hermer, J., Hirsch, A., Bekemeier, B., **Nyirati, C.**, & Wojnar, D. (2018). *Development of a White Paper on Integrating Population Health into Nursing Education*. Western Institute of Nursing “Communicating Nursing Research Conference and WIN Assembly.” Spokane, April 11-14, 2018 – Poster Presentation
- Figueiredo, M.C.B. Anderson, K.H, Whitehead, L., Krumwiede, N., **Nyirati, C.**, Bell, J., Honda, J., Garcia-Vivar, C., de Montigny, F. Chiang, L., Voltelen, B. (2017). *Dissemination of the IFNA Position Statement on Generalist Competencies for Family Nursing Practice*. 13th International Family Nursing Conference, Pamplona, Spain, June 14 – 17, 2017 – Poster Presentation
- Whitehead, L., Anderson, K.H., Figueiredo, M.C.B., **Nyirati, C.**, Krumwiede, N., Bell, J., Honda, J., Garcia-Vivar, C., de Montigny, F. Chiang, L., Voltelen, B. Mahrer-Imhof, R. & Dupuis, F., & Chesla, K. (2017). *Developing an IFNA Position Statement on Advanced Practice Competencies for Family Nursing from Process to Product*. 13th International Family Nursing Conference, Pamplona, Spain, June 14 – 17, 2017 – Poster Presentation
- Nyirati, C.M.**, Johnson, M. & Jurich, J. (2013). *Is enough known to synthesize a theory for how families nurture self-care?* The 11th International Family Nursing Conference, Minneapolis, June 22, 2013 – Podium Presentation
- Nyirati, C.M.** & Baker, C.J. (2013). *Empowering the Appalachian Ohio community to define and solve Appalachian Ohio Problems* 4th Annual OSU CCTS Scientific Meeting & 5th Annual Appalachian Health Summit, May 6, 2013 – Podium Presentation
- Nyirati, C.M.** (2013). *Application of an Evidence-Based Model of Smoking Cessation In Appalachian Pregnant Women: A Pilot of the “Save-A-Mom” Program in Meigs County, Ohio*. 4th Annual OSU CCTS Scientific Meeting & 5th Annual Appalachian Health Summit, May 6, 2013 – Poster Presentation
- Baker, C.J. & **Nyirati, C.M.** (2013). *The perspectives of health professions students native to Appalachian Ohio Meigs County on tobacco use in their community*. 4th Annual OSU CCTS Scientific Meeting & 5th Annual Appalachian Health Summit, May 6, 2013 – Poster Presentation
- Nyirati, C.** (2013). *Overview of what we know and what we don't about health of the LGBT Community*. National Queer Studies Graduate Student Conference Ohio University, April 18, 2013.
- Nyirati, C.M.** (2012). *Can we prevent low birth weight in populations with health disparities?* University of Massachusetts, Boston, Nursing colloquium, March 8, 2012.
- Sergeev, A.V. & **Nyirati, C.M.** (2012). *Factors Associated with Inadequate Prenatal Care in Women with Pre-Gestational Hypertension*. American Heart Association Quality of Care and Outcomes Research in Cardiovascular Disease and Stroke 2012 Scientific Sessions, Atlanta, May 11, 2012. – Podium Presentation.

- Sergeev, A.V. & **Nyirati, C.M.** (2012). *Gestational Hypertension in Minorities: Can Racial and Ethnic Disparities Be Attributed to Socio-Economic Status?* American Heart Association Epidemiology and Prevention Nutrition, Physical Activity and Metabolism 2012 Scientific Sessions, San Diego, California, March 13-16, 2012. – Poster Symposium.
- Nkansah-Wiafe, M. & **Nyirati, C.** (2012). *Low birth weight among African Americans in Franklin County, Ohio.* Ohio University Student Research and Creative Activity Expo, May 3, 2012. – Poster Presentation.
- Putnam-Mayle, Charlotte & **Nyirati, C.** (2012). *What is the experience of childbearing age women living in a Southeastern Ohio County with risk for Type II diabetes?* Ohio University Student Research and Creative Activity Expo, May 3, 2012. Poster Presentation.
- Raach, Kathleen & **Nyirati, C.** (2012). *What is the experience of childbearing age women living in Coshocton County, Ohio with risk for Type II diabetes?* Ohio University Student Research and Creative Activity Expo, May 3, 2012. – Poster Presentation.
- Sergeev, A.V. & **Nyirati, C.M.** (2011). *Maternal Hypertension and Low Birth Weight: Do Socio-Economic and Racial/Ethnic Disparities Matter?* American Heart Association/American Stroke Association Scientific Sessions, Orlando Florida November 15, 2011. – Symposium.
- Nyirati, C.** Denham, S. Raffle, H. & Ware, L. (2011). *National Survey of Family Theory and Practice in U.S. Family Nurse Practitioner Programs.* The 10th International Family Nursing Conference, Kyoto Japan, June 25, 2011 – Podium Presentation
- Nyirati, C.** Denham, S. Raffle, H. & Ware, L. (2011). *Where is the Family in the family nurse practitioner program?* 2011 Annual Midwest Nursing Research Society, Columbus, Ohio, March 25, 2011. – Poster Symposium
- Kittle, T. & **Nyirati, C.** (2011). *Primary and Secondary Prevention of Poor Perinatal Outcomes Related to Pre-pregnancy Weight and Gestational Weight Gain in Appalachian Ohio.* Ohio University Research and Creative Activity Expo, May 13, 2011. – Poster Presentation.
- Kitts, H. & **Nyirati, C.** (2011). *Primary and Secondary Prevention of Fatal Intimate Partner Violence in Older Couples.* Ohio University Research and Creative Activity Expo, May 13, 2011. – Poster Presentation
- Markley, S. & **Nyirati, C.** (2011). *How Can the Family Nurse Practitioner Provide Primary Prevention of Melanoma in High-Risk Families?* Ohio University Research and Creative Activity Expo, May 13, 2011. – Poster Presentation
- Wong Clark, E. & **Nyirati, C.** (2011). *Primary Prevention of Low Birth Weight Related to Tobacco Use in Appalachian Ohio.* Ohio University Research and Creative Activity Expo, May 13, 2011. – Poster Presentation
- Bowen, M.E. & **Nyirati, C.** (2010). *Evidence-Based Mentoring of Family Nurse Practitioner Students in Rural Underserved Appalachia.* Sigma Theta Tau 21st International Nursing Research Congress. July 13, 2010. – Podium Presentation.

- Barrows, A. & **Nyirati, C.** (2010). *Adaptation of an evidence-based model for Family Nurse practitioner-mother-daughter communication about adolescent daughter sexual health.* Ohio University Research and Creative Activity Expo, May 13, 2010. – Poster Presentation
- Ewing, K. & **Nyirati, C.** (2010). *Dating age and sexual debut among Appalachian Ohio youth.* Ohio University Research and Creative Activity Expo, May 13, 2010. – Poster presentation
- Jones, L. & **Nyirati, C.** (2010). *Family nurse practitioner promotion of health routines in families with ADHD.* Ohio University Research and Creative Activity Expo, May 13, 2010. – Poster presentation
- McLin, L., Denham, S. & **Nyirati, C.** (2010). *Where is the Family in the family nurse practitioner program? – A research plan.* Ohio University Research and Creative Activity Expo, May 13, 2010. – Poster Presentation
- Bowen, M.E., **Nyirati, C.** & Ferrell, D. (2010). *Implementation of Peer Mentoring in Rural Underserved Appalachia in a Culturally Sensitive Advanced Practice Nursing Curriculum.* 36th Annual National Organization of Nurse Practitioner Faculty. April 16, 2010. – Poster Presentation
- Gwinn, A. & **Nyirati, C.** (2009). *Primary and secondary prevention of Intimate Partner Violence in Appalachian Ohio.* 9th Annual Ohio University Research and Creative Activity Expo, Thursday, May 14, 2009 – Poster Presentation
- Kiser, S & **Nyirati, C.** (2009). *How cohabitation affects eating habits: A review of the literature.* 9th Annual Ohio University Research and Creative Activity Expo, Thursday, May 14, 2009 – Poster Presentation

Presentations – Not Peer-Reviewed

- Nyirati, C.**, Jones, P. *Culturally Respectful Community Based Strategies for Exploring and Addressing Disproportionate Native American Infant Mortality.* Virginia Mason Memorial Hospital Grand Rounds. November 18, 2016.
- Nyirati, C.** (2013). *Nursing in the Lower Yakima Valley and at Heritage University.* The Toppenish Rotary Club. November 26, 2013.
- Darda, D., Ferguson, D., **Nyirati, C.**, Richardson, B., Sutton, B., Taylor, M. (2013). *Building a Healthier Yakima: Commentary on an Institute for Interprofessional Health Education, Research and Practice by Mark Taylor.* The Center for a New Washington. November 18, 2013.
- Moronne, M, Holben, D. H. **Nyirati, C.M.**, Meyer, D. (2013). *Rural Health Research and Practice.* Ohio University College of Health Sciences and Professions. Interprofessional Research Colloquium. February 20, 2013.
- Nyirati, C.** (2012). *Interprofessional Health Grand Rounds – Interprofessional response to a case of a toddler who swallowed a nickel.* Ohio University College of Osteopathic Medicine. April 4, 2012.

Recent Grants Received/Research Conducted

2016. *Ttawaxt: Yakama "Show Your Love" for Ttawaxt - Healthy Families - Our Heritage and Our Future*. **C. Nyirati**, Centers for Disease Control Grant. \$5,000.
- 2013-2014. *Ttawaxt: Our Heritage, Our future: To build a foundation for improving health outcomes for Native American Infants in the Yakima Valley*. **C. Nyirati**, Consultant to Jessica Sutterliet. March of Dimes.
- 2012-2014. *Application of an Evidence-Based Model of Smoking Cessation in Appalachian Pregnant Women: A Pilot of the "Save-A-Mom" Program in Meigs County, Ohio*. **C. Nyirati**, Appalachian Rural Health Institute Scholars Grant. \$10,000.
- 2012-2014. *A hermeneutic exploration of living with gestational diabetes in Appalachian Ohio*. **C. Nyirati** OU-CHSP Research Incentives. \$8,000.
2012. *Technology Augmented Team-Building in Interprofessional Health Science Graduate Education*. J. McCarthy, **C. Nyirati**, A. Sergeev, N. Wadsworth, J. Chabot, B.A. Krause. A. (collaborators) OU-1804 Grant. \$21,163.60.
- 2011-2012. *U.S Department of Health and Human Services Health Resources and Services Administration (DHHS/HRSA) Advanced Education Nursing Traineeship* **C. Nyirati** \$29,976.00.
- 2011-2012. *Risks for Low Birth Weight, Small Size for Gestational Age, Prematurity, and Infant Mortality in the Appalachian Ohio Population*. Ohio Department of Health. **C. Nyirati** & A. Sergeev. With in-kind access to Vital Statistics.
2011. *Patient Centered Medical Home (PCMH) Regional Workgroup of Southeastern Ohio*, Ohio Academy of Family Physicians, J. Hamel-Lambert with **C. Nyirati**. \$9,505.00.
2011. *Patient Centered Medical Home (PCMH) Regional Workgroup of Southeastern Ohio*, Ohio Academy of Family Physicians, J. Hamel-Lambert with **C. Nyirati**. \$15,000.00.
2011. *Patient Centered Medical Home (PCMH) Regional Workgroup of Southeastern Ohio*, Ohio Academy of Family Physicians, Hamel-Lambert with **C. Nyirati**. \$30,000.00.
- 2010-2011. *Family Nurse Practitioner Curriculum Survey*. OU-HHS Research Incentives. **C. Nyirati**, H. Raffle, L., Ware. S. Denham, \$5,000.
- 2010-2011. *U.S Department of Health and Human Services Health Resources and Services Administration (DHHS/HRSA) Advanced Education Nursing Traineeship*. **C. Nyirati**, \$20,433.00
- 2009-2011. *Undergraduate and Graduate Nursing Curricular Integration of Electronic Health Record and Clinical Tracking Software*. OU-1804 Grant D. Henderson (PI), S. House M. Johnson, C. Leadingham M., Hamilton, & **C. Nyirati**. \$22,500.

PROFESSIONAL EXPERIENCE

Heritage University, Toppenish, WA

College of Arts and Sciences, Department of Nursing

Professor, BSN Program Director, Nursing Department Chair, 2013 – present

Center for Native Health and Culture, Heritage University

Affiliate, 2013 – present

Ohio University, Athens, OH

School of Nursing, College of Health Sciences and Professions

Family Nurse Practitioner Program Coordinator 2009-2013

The Ohio State University, Columbus, OH

College of Medicine, Department of Family Medicine

Clinical Faculty, 2001 – 2010

Family Nurse Practitioner, 2001 – 2010

College of Nursing, Department of Family and Community

Adjunct Faculty, Clinical Assistant Professor, 2001 – 2009

Assistant Professor, Clinical Midwifery and Family Nursing, 1996 – 2001

Family Nurse Practitioner Program Director 1999 – 2001

Graduate Research Associate, 1986 – 1991

Graduate Teaching Associate, 1985 – 1986

Riverside Methodist Hospital, Columbus, OH

Department of Community Medicine, Obstetrics, Pediatrics

Family Nurse Practitioner, 1993 – 2000

The Columbus City Health Department Columbus, OH

Maternal and Child Health Perinatal Project

Family Nurse Practitioner, 1991 – 1993

Doctor's Hospital North, Columbus, OH

OB-GYN Residency Program

Family Nurse Practitioner, 1987 – 1991 (Part-Time)

Planned Parenthood, Cincinnati OH

Family Nurse Practitioner, 1985 – 1986

College of Mount St. Joseph, Cincinnati OH

Department of Nursing

Assistant Professor, Community Health; Maternal and Child Health, 1982 – 1985

Southern Ohio Health Services Network, Batavia, Ohio

Adolescent Primary Care and Pregnancy Project

Family Nurse Practitioner, 1978 – 1982

Good Samaritan Hospital, Dayton Ohio*Family Practice and Primary Care Center*

Nurse Manager, 1974 – 1975

Good Samaritan Hospital, Cincinnati Ohio

Instructor, 1976 – 1978

Staff Nurse, 1972 – 1974

PROFESSIONAL AFFILIATIONS

Sigma Theta Tau, International Honor Society for Nursing, 1978 – present
Chair, 8th District Ohio Nurses Association Committee on Nursing Practice, 1979 – 1981
Midwest Nursing Research Society, 2010 – 2011
National Organization of Nurse Practitioner Faculty, 1996 – 2013
Ohio Association of Advanced Practice Nurses, 2011 – 2013
International Family Nursing Association, 2011 – present
American Academy of Nurse Practitioners, 2012 – present
Council on Nursing Education in Washington State (CNEWS), 2013 – present
Washington State Nursing Association (WSNA), 2014 – present

HONORS AND AWARDS

Professional Nurse Traineeship, PHS, 1977 – 1978; 1989 – 1991
The Ohio State University College of Nursing, Bremer Foundation Scholar, 1985 – 1988
The Ohio State University College of Nursing Outstanding Clinical Teaching Award, 1999
The Ohio State University President's Appalachian Ohio "Roads" Scholar, 2000
Ohio University College of Health Sciences and Professions Outstanding Teaching Award, 2011
Appalachian Rural Health Institute Scholar for Community Based Participatory Research, 2012
Heritage University President's Award for Outstanding Contribution, 2017

INSTITUTIONAL ACADEMIC COMMITTEES

Pacific Northwest University

2014-2016 Institutional Research Review Board (IRB) – Alternate
2016-present Institutional Research Review Board – Member

Heritage University

2018 Provost Search Committee
2013 – present Provost's Council
2016 Science Department Faculty Search Committee
2016-2018 Faculty Rank & Promotion Committee

Ohio University*LGBT Center*

2009 – 2013 Lesbian, Gay, Bisexual, and Transgender Faces of Pride

College of Health Sciences and Professions

2012 – 2013 Interprofessional Education Curriculum Committee
 2012 – 2013 Interprofessional Clinical Practice Committee
 2009 – 2012 Interprofessional Education Committee
 2010 – 2011 Dean's Faculty Advisory Committee
 2010 – 2011 Ad Hoc Committee on Clinical Education
 2010 – 2011 Ad Hoc Committee on the Review of Promotion & Tenure Policies

School of Nursing

2009 – 2013 Graduate Nursing Curriculum Committee (Chair 2012-2013)
 2012 Ad Hoc Committee for the School of Nursing Faculty Retreat
 2010 – 2012 Faculty Peer Review Committee (Chair 2011-2012)
 2010 – 2011 Group I Faculty Search Committee
 2009 – 2011 Program Evaluation Committee
 2009 – 2011 Strategic Planning Committee

PROFESSIONAL SERVICE*Local*

2020 – present Heritage University COVID-19 Safe Open Committee
 2014 – present Interprofessional Education Collaborative Steering Committee with Heritage University, Pacific Northwest University, and Washington State University
 2016 – 2021 Pacific Northwest University of Health Sciences Institutional Review Board – Member
 2014 – 2015 Pacific Northwest University of Health Sciences Institutional Review Board - Alternate
 2014 – 2015 Inter-Professional Education & Workforce Development Committee, Heritage University, Center for New Washington
 2012 – 2014 President - Sigma Theta Tau International, Lambda Omega Chapter
 2009 – 2013 Athens Ohio Child and Family Health Services Consortium

State

- 2020 – present Committee on Washington Center for Nursing Diversity and Inclusion
 2017 Deans of Washington State, Task Force on Nursing Education for Population Health
 2015 – 2016 Washington State Department of Health Anencephaly Advisory Committee
 2011 – 2013 Ohio Patient Centered Medical Home Interprofessional Primary Care Curriculum
 Committee
 2010 – 2013 Ohio Pregnancy Associated Mortality Review (PAMR) Team
 1994 – 1996 Graduation, Reality and Dual-Role Skills (GRADS) for Pregnant and Parenting Teens,
 Verification Panel, Division of Vocational and Adult Education, Ohio Department of
 Education
 1981 – 1982 Ohio Board of Nursing Ad Hoc Committee on Nursing Practice

National

- 2020 – present Leadership Community – Overdue Reckoning on Racism in Nursing

International

- 2013 – 2016 International Family Nursing Association Practice Committee
 2014 – 2015 International Family Nursing Association Consensus Panel on Generalist Competencies
 2015 – 2017 International Family Nursing Association Consensus Panel on Graduate Competencies

PROFESSIONAL LICENSES AND CERTIFICATIONS

Washington State Department of Health R.N. License RN60405920, current through September 25, 2022